

Keeping You & Your Kids' Internet Safe & PC Smart

Joe Schneider, SSI Computers



AGENDA

- Things Kids are Doing Online
- Challenges Parents/Teachers Have
- Ways You Can Help Keep Kids Safe
- Ways to Keep Your PC Running Fast
- Ways to Be Safe Online and Avoid Trojans, Viruses, Spyware and Hackers

Things Kids Do Online

- Communicating
 - Instant Messaging (IM)
 - Text Messaging
- Social Networking
 - MySpace
 - Facebook
 - Twitter
 - YouTube
- Web Surfing
- Downloading Free Music

Challenges for Adults

- Keeping up is hard.
- Kids go online without us.
- Kids know more than we do.
- We stick our noses in at a time when kids want to be independent.
- Kids think you are being unreasonable and nothing bad will ever happen to them.

Communicating

- Online Communication
 - Instant Messaging (IM)
 - Chat Rooms
 - Blogs
- Kids' Lifeline to the World
- Why Should We Care?
 - Could be a place for Cyber Bullying.
 - Chat rooms are known bad places for predatory people just waiting to pounce on young kids.

Chatrooms

- Online rooms where groups of people carry on conversations.
- Great communities for sharing information about a common passion.
- Tend to be theme based. Some are moderated – some aren't.
- No one under 14 years of age should use chat rooms without your supervision.

Social Networking

- My Space
- Facebook
- Twitter
- YouTube
- Kids create their own pages with pictures and invite “Friends” to join.
- Why Should You Care?
 - Provides details about kids that sexual predators can use.
 - Kids are too naïve about how their information gets passed around.

Web Surfing

- How Do You Know if a Web Site is a Safe Place to go?
 - Legitimate Store Front (Yahoo, Disney, Amazon, iTunes, etc.)
 - Use Security Software such as AVG LinkScanner
 - Protects against malicious web pages
 - Protects against web exploits in legitimate pages.
- Never Click on Pop-up Ads
- Keep Internet Security Software active & up to date
- Think Smart !

Downloading “Free” Music

- LimeWire
- LimeWire Pro
- FrostWire
- Bearshare
- Just because you pay for them DOESN'T make them legal!
 - Downloading stolen music tracks
- Typically a known source of nasty Trojans, viruses and spyware
- If it's too good to be true it usually is – Stay Away!!

What You Can Do To Help

- Age Limits
 - Social networks are not for young children.
- Balance your child's privacy and self-expression needs with safety.
 - No personal information. Take advantage of built-in privacy features.
 - Teach them about appropriate language. If they wouldn't say it to someone's face, don't say it online.
- Teach them to never make arrangements to meet a stranger.

What You Can Do To Help

- For younger children, have the computer in a central location and not behind closed doors.
- Make rules such as no IM during homework.
- Teach them that nothing they do online is ever “private”.
- Explain the dangers of using real names and leaving personal details and pictures online.

Summary

- Rule#1: anything FREE on the Internet is suspect!
 - Smileys, screensavers, games, music, coupons, etc.
- Rule#2: never give out personal information.
- Rule#3: pay attention to where your kids are going online.
- Rule#4: the Internet can be a lot of fun if you help keep your kids safe.

How to Keep Your PC Running Faster & Cleaner

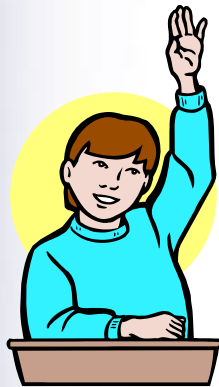
- Maximize RAM Memory
 - The more RAM the better and now is the perfect time to upgrade your PC.
- Run Disk Defragmenter 1x Month (automatic in Windows Vista & Windows 7).
- Protect yourself with an Internet Security Software that contains a Firewall and identity protection and **KEEP IT UP TO DATE!!**

How to Keep Your PC Running Faster & Cleaner

- Use Parental Controls to limit downloads and protect your PC (built in to Windows Vista and Windows 7).
- Always approve Microsoft Updates.
- Avoid music file sharing programs
 - Loaded with Trojans, viruses, etc.
- Use an Alternate Web Browser
 - Firefox www.getfirefox.com
 - Opera www.opera.com



Any Questions?



Thank you!

jschneider@ssicomputers.net

www.ssicomputers.com

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download at:

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